LCL August Resources and Connections

Join LCL for weekly check-in and support opportunities, via Zoom. Lawyers, judges, law students, and other legal professionals are welcome.

**LCL Path to Lawyer Well-Being Group** – every Thursday, 12:00 -1:00 p.m. (CDT) [Join Here]

Join LCL’s Path to Lawyer Well-Being Group as we learn about and discuss tools for resilience and for facing challenges. This group provides an opportunity for check-in and offers specific resources. You may attend as often as you wish. [Contact LCL](#) to receive weekly email reminders and resources.

**Career Challenges and Choices** monthly check-in – Monday, August 7th, 4:00 – 5:00 p.m. (CDT) [Register Here]

This confidential group offers focused topics and supportive conversations. 
*If you are already registered, you need not register for every session.*

**Recovery Meetings**

For LCL-hosted group or other recovery meetings, see [https://www.mnlcl.org/meeting_links](https://www.mnlcl.org/meeting_links)

**Other LCL Support Groups**

Family Support • ADHD Support • Discipline and Practice • Lawyers in Transition Parenting (co-sponsored with Minnesota Women Lawyers)

- For more information, [www.mnlcl.org/support-groups/](http://www.mnlcl.org/support-groups/). Find additional resources at [www.mnlcl.org](http://www.mnlcl.org).

- During business hours you may reach a staff member by calling 651-646-5590 or email: [help@mnlcl.org](mailto:help@mnlcl.org). Counselors are available for in-the-moment support, 24/7, at 651-430-3383. *When asked the name of your employer, say that you were referred by Lawyers Concerned for Lawyers.*

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