



LAWYERS CONCERNED FOR LAWYERS

Confidential Support for Legal Professionals

LCL December Resources and Connections

Join LCL for weekly check-in and support opportunities, via Zoom. Lawyers, judges, law students, and other legal professionals are welcome.

LCL Path to Lawyer Well-Being Group - Thursdays,
12:00 -1:00 p.m. (CDT) [Join Here](#)

Join LCL's Path to Lawyer Well-Being Group as we learn about and discuss tools for resilience and for facing challenges. This group provides an opportunity for check in and offer specific resources. You may attend as often as you wish. [Contact LCL](#) to receive weekly email reminders and resources.

***Career Challenges and Choices* monthly check-in – Monday, December 12th,**
4:00 – 5:00 p.m. (CDT) [Register Here](#)

This confidential group offers focused topics and supportive conversations.

Recovery Meetings

For LCL-hosted group or other recovery meetings, see
http://www.mnlcl.org/meeting_links

Other LCL Support Groups

Family Support • ADHD Support • Discipline and Practice
Parenting (co-sponsored with Minnesota Women Lawyers)

- For more information, see www.mnlcl.org/support-groups/. Find additional resources at www.mnlcl.org.
- During business hours you may reach a staff member by calling 651-646-5590 or email: help@mnlcl.org. Counselors are available for in-the-moment support, 24/7, at 651-430-3383. *When asked the name of your employer, say that you were referred by Lawyers Concerned for Lawyers.*