



LAWYERS CONCERNED FOR LAWYERS

Confidential Support for Legal Professionals

LCL SEPTEMBER 2022 CLE PROGRAMS

Suicide Prevention

Tuesday, September 13, 4:00—5:00 P.M. via Zoom.

1.0 hour Elimination of Bias CLE credit applied for

Presented by: Joan Bibelhausen

The stress lawyers face is a predictor for depression, and untreated depression is the #1 predictor for suicide. Lawyers must also deal with the fact that clients can be suicidal. This program will help you understand the facts and myths about suicide; recognize signs and indicators for clinical depression, anxiety, and suicide; and provide resources and a protocol for offering and seeking help to prevent suicide. **Advance registration is required; register [here](#).**

Mental Health, Well-Being and Resilience in a Post-Covid Environment

Monday, September 26, 12:00—1:00 P.M. via Zoom.

1.0 hour Standard CLE credit applied for

Presented by: Joan Bibelhausen

Life and work during the COVID pandemic have been challenging for many people, including legal professionals. These challenges are multifaceted and, at times, seemingly unrelenting. While a post-COVID world may seem distant right now, current circumstances give rise to unique stressors. We'll offer perspectives and tools for coping. **Advance registration is required; register [here](#).**

After registering, you will receive a confirmation email containing information about joining the meeting. These programs are open to all legal professionals. For more information, please call 651-646-5590 or email [Joan Bibelhausen](mailto:Joan.Bibelhausen). LCL does not charge for these programs; contributions are gratefully appreciated. [Donate here](#).