



## LAWYERS CONCERNED FOR LAWYERS

Confidential Support for Legal Professionals

# LCL September Resources and Connections

Join LCL for weekly check-in and support opportunities, via Zoom. Lawyers, judges, law students, and legal organization staff members are welcome.

***LCL Path to Lawyer Well-Being Group - Thursdays,  
12:00 -1:00 p.m. (CDT)***

[Join Here](#)

Join LCL's Path to Lawyer Well-Being Group as we learn about and discuss tools for resilience and for facing challenges. This group provides an opportunity for check in and offer specific resources. You may attend as often as you wish. [Contact LCL](#) to receive weekly email reminders and resources.

***Career Challenges and Choices – Monday, September 12th,  
4:00 – 5:00 p.m. (CDT)***

[Register Here](#)

Many are rethinking career choices or have experienced upheaval, loss, or change. Jobs may have ended, practices may be at risk, or we are questioning whether to continue in the legal profession. This confidential group offers focused topics and supportive conversations.

### ***Recovery Meetings***

For LCL-hosted group or other recovery meetings, see  
[http://www.mnlcl.org/meeting\\_links](http://www.mnlcl.org/meeting_links)

### ***Other LCL Support Groups***

Family Support • ADHD Support • Discipline and Practice  
Parenting (co-sponsored with Minnesota Women Lawyers)

- **Watch for our six-session Lawyers in Transition program later this Fall. If interested, please contact [Joan](#).**
- For more information, see [www.mnlcl.org/support-groups/](http://www.mnlcl.org/support-groups/). Find additional resources at [www.mnlcl.org](http://www.mnlcl.org).
- During business hours you may reach a staff member by calling 651-646-5590 or email: [help@mnlcl.org](mailto:help@mnlcl.org). Counselors are available for in-the-moment support, 24/7, at 651-430-3383. *When asked the name of your employer, say that you were referred by Lawyers Concerned for Lawyers.*