



LAWYERS CONCERNED FOR LAWYERS

Confidential Support for Legal Professionals

LCL July Resources and Connections

Join LCL for weekly check-in and support opportunities, via Zoom. Lawyers, judges, law students, and legal organization staff members are welcome.

LCL Path to Lawyer Well-Being Group - Thursdays, 12:00 -1:00 p.m.

Join URL: <https://us02web.zoom.us/j/292189703>

Join LCL's Path to Lawyer Well-Being Group as we learn about and discuss tools for resilience in these challenging times or any other. This group will provide an opportunity for check in and offer specific resources. In July we will focus of well-being and the mindfulness connection.

Career Challenges and Choices

Mondays, 7/12, 7/19, and 7/26, 4:00 – 5:00 p.m.

The group will not meet on Monday, July 5th due to the Independence Day Holiday

https://us02web.zoom.us/meeting/register/tZAsceurzssHtOymhcGb5r8_RHhxKzcLwhU

The legal profession, our jobs, and our personal lives have been upended in recent times. Our jobs may have ended, our practices may be at risk or we are questioning how and whether to continue in the legal profession. This confidential group offers focused topics and a supportive exchange among participants.

Recovery Meetings

For LCL-hosted group or other recovery meetings, see www.mnlcl.org/resources/meeting-links/lcl-meeting-links/.

Other LCL Support Groups

Family Support • ADHD Support • Discipline and Practice Parenting (co-sponsored with Minnesota Women Lawyers)

For more information, see www.mnlcl.org/services/groups/groups-overview/.

Find additional resources at www.mnlcl.org.

During business hours you may reach a staff member by calling 651-646-5590 or email: help@mnlcl.org. Counselors are available for in-the-moment support, 24/7, at 651-430-3383.