



LAWYERS CONCERNED FOR LAWYERS

Confidential Support for Legal Professionals

LCL April Resources and Connections

Join LCL for weekly check-in and support opportunities, via Zoom. Lawyers, judges, law students, and legal organization staff members are welcome.

**** NEW ** Resilience in Recovery Group ** NEW ****
Thursday, April 8, 4:00 p.m. and Friday, April 23, 10:30 a.m.

This group is a positive support network for adult men and women at all stages of substance use recovery, working or being educated in the legal profession. To register for this group or for more information, contact [Jill Carlson](#), MA LPCC.

LCL Path to Lawyer Well-Being Group - Thursdays, 12:00 -1:00 p.m.

Join URL: <https://us02web.zoom.us/j/292189703>

Join LCL's Path to Lawyer Well-Being Group as we learn about and discuss tools for resilience in these challenging times or any other. This group will provide an opportunity for check in and offer specific resources. In April we will continue our discussion of the pillars of well-being.

Career Challenges and Choices

Monday 4/5, 8:30 – 9:30 a.m., 4/12, 4/19, 4/26, 4:00 – 5:00 p.m.

https://us02web.zoom.us/meeting/register/tZAsceurzssHtOymhcGb5r8_RHhxKzclWhU

The legal profession, our jobs, and our personal lives have been upended in the past year. Our jobs may have ended, our practices may be at risk or we are questioning how and whether to continue in the legal profession. This confidential group offers focused topics and a supportive exchange among participants.

For LCL-hosted group or other recovery meetings, see www.mnlcl.org/resources/meeting-links/lcl-meeting-links/.

Additional LCL support groups include:

- Family Support • ADHD Support • Discipline and Practice
- Parenting (co-sponsored with Minnesota Women Lawyers)

For more information, see www.mnlcl.org/services/groups/groups-overview/.

Many additional resources are available at www.mnlcl.org.

During business hours you may reach a staff member by calling 651-646-5590 or email:

help@mnlcl.org. Counselors are available 24/7 at 651-430-3383.

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