



LAWYERS CONCERNED FOR LAWYERS

Confidential Support for Legal Professionals

LCL February Resources and Connections

Join LCL for weekly check-in and support opportunities, via Zoom. Lawyers, judges, law students, and legal organization staff members are welcome.

Career Challenges and Choices

New Day: Monday 2/1, 8:30 – 9:30 a.m., 2/8, 2/15, and 2/22-4:00 – 5:00 p.m.

To register for this meeting, click this link below:

https://us02web.zoom.us/meeting/register/tZAsceurzssHtOymhcGb5r8_RHhxKzcLwhU

The legal profession, our jobs, and our personal lives have been upended by the global pandemic and social changes. Our jobs may have ended, our practices may be at risk or we are questioning how and whether to continue in the legal profession. This confidential group will provide focused topics and facilitate the exchange of ideas among participants.

LCL Path to Lawyer Well-Being Group - Thursdays, 12:00 -1:00 p.m.

Join URL: <https://us02web.zoom.us/j/292189703>

Join LCL's Path to Lawyer Well-Being Group as we learn about and discuss tools for resilience in these challenging times or any other. This group will provide an opportunity for check in and offer specific resources. In February we will discuss the pillars of well-being.

Additional LCL groups include Family Support, ADHD Support, Parenting (co-sponsored with Minnesota Women Lawyers), and Discipline and Practice, see www.mnlcl.org/services/groups/groups-overview/

A new facilitated recovery meeting will begin in February. For LCL hosted phone and Zoom recovery meetings, see www.mnlcl.org/resources/meeting-links/lcl-meeting-links/

Many additional resources are available at www.mnlcl.org

During business hours you may reach a staff member by calling 651-646-5590 or email: help@mnlcl.org. Counselors are available 24/7 at 651-430-3383.

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