Lawyer Well-Being: Surviving and Thriving in Challenging Times
Monday, May 4, 2020 - 3:00 p.m. – 4:00 p.m.
1.0 Standard CLE credit applied for.
Speakers: Joan Bibelhausen, Bob Schuneman, and Jill Carlson

In the best of times our profession is at risk for high levels of stress and mental health challenges. In the best of times and in the most uncertain times, there are resources and strategies to help. During challenging times our professional and personal lives may seem out of control, and it becomes difficult to chart a clear path forward. This affects our practices, our client relationships and our personal lives. This program will help understand our normal feelings, reactions, and behaviors and recognize when they are cause for concern. We will explore tools to cope and to thrive while developing and enhancing skills to identify and address individual needs. To Register in advance (ctrl + click): Surviving and Thriving. After registering, you will receive a confirmation email containing information about joining the meeting.

Help for Attorneys in Crisis
Friday, May 8, 2020 - 10:00 A.M.—11:00 A.M.
1.0 Elimination of Bias Credit Applied for
Speakers: Joan Bibelhausen, and Bob Schuneman

This program is designed for colleagues and managers who may observe changes in behavior that give rise to concerns. It discusses how to recognize and obtain help when you, a work colleague, or other professional colleague may have a substance use, mental health or other issue that affects behavior, conduct and performance. Topics include understanding the issues, approaching the lawyer (including interventions), arranging assistance such as treatment, and practice management issues during and following a reduced work schedule or leave of absence. Colleagues can save careers, families and lives. To Register in advance (ctrl + click): Help for Attorneys. After registering, you will receive a confirmation email containing information about joining the meeting.