

You shouldn't have to shout to get your point across. We have tips and tools for successful communication. Start by communicating with us either by picking up the phone or logging on.

Your work-life/EAP program can help with:

- Articles and tip sheets on communication skills
- Assessments on conflict management, anger management, and emotional IQ
- Referrals to public speaking workshops
- Training modules on writing techniques

Call or visit us online to get the answers to your questions about communication.

TOLL-FREE:

1-800-367-3271

WEBSITE:

www.doreap.com

PASSWORD:

lcl1

Available anytime, any day, your Work-Life/EAP service is a free, confidential program to help you balance your work, family, and personal life.



DO YOU HEAR ME?

KEEPING THE
LINES OF
COMMUNICATION
OPEN

